



THE NAMKHAN
LUANG PRABANG

The Jungle Spa



LAO TRADITIONAL MASSAGE - (60MIN/90MIN) 28/38\$

Traditional full body massage, emphasizing on pressure points with fingertips along the energy lines of the body. It aims to calm nervous tension, reabsorb stress and facilitate sleep. No oil in provided Lao clothing.

AROMA OF LAOS MASSAGE - (60MIN/90MIN) 28/38\$

A revitalizing and relaxing massage using natural aromatic oils from Laos. Involves alternating between gentle and harder pressure while using a specific blend of essential oils. Experience effective and immediate relaxation, relieving all stress-related tension.

THAI HOLISTIC MASSAGE - (60MIN/90MIN) 28/38\$

Full body holistic massage based on an energetic vision of health. It is inspired by yoga and meditation. The idea that energy flows through your body along predictable lines known as 'sens' gentle acupressure following energetic lines and stretching techniques. No oil and in Lao clothing.

LAO FOOT MASSAGE - (50MIN) 25\$

Massage of the feet and lower legs, up to the knees. Helps balance the body's functions. Based on reflexology - the idea that the whole body is reflected in the surface of the foot.

FACE, HEAD & SHOULDER MASSAGE - (50MIN) 25\$

Massage of shoulders, neck, face and head. Deep and de-contracting with different pressure movements and slow sliding motion to reach down to the deepest layers of the muscles or fasciae. Relax tension in the upper body.

SIGNATURE SCRUB AND MASSAGE - (90MIN) 38\$

Gently scrub made with organic salt from the Mekong river and coconut oil followed by a full body oil massage for your complete relaxation. Exfoliates the skin and smoothes out any tensions. Beneficial for the skin and body. Exfoliates, relieves stress and hydrates.

